

ABSTRACT OF THE DISCLOSURE

A body composition or body fat scale having a rigid, visible light transmissive platform for supporting a user standing on the scale, a plurality of support assemblies for supporting the platform above a surface, the support assemblies providing at least one sensor for measuring a weight of the user; at least two visible light transmissive, conductive electrodes disposed over the top surface of the platform, for contacting portions of the user's body to provide signal information about the user's body, which is used for measuring the user's body fat or body composition.